



Serving Lions Clubs in British Columbia, North Idaho and Washington Since 1922

# The Border Crossing

July-August 2020

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## A Different Dream

By PDG Wanda Carisse, MD19 GLT Leadership Coordinator

On August 1, 2020, I was married in a boat in my backyard with a few family and friends present, family in Newfoundland on Zoom and friends on YouTube. It was perfect but it wasn't our first plan.



The first plan was to be married in North Harbour Newfoundland on August 1, 2020. The location of the ceremony was to be the Eddy Family Wharf with his Dad and sister singing me down the aisle as his brother played the guitar. I was to be walked down the aisle by Angus Benedict, long-time family friend and fellow Lion. After the ceremony, the reception was to be held in the Lions Hall with a traditional Newfie Cold Plate. Our first two dances would be sung by his sister and a local band would play at the reception. On August 8th, 2020, we would have a reception in Kamloops BC with our family and friends that could not make the trip to Newfoundland. We planned to have the wedding filmed and played at the reception before we had a cold buffet and dancing.

COVID19 happened and changed all our plans. We could have STOPPED. We could have postponed but that would not work for us. One person said to me that I may not have the wedding of my dreams but I was marrying the

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## Link to More Information

LCI Responds to COVID-19

<https://www.lionsclubs.org/en/coronavirus>

USA/Canada Lions Future Forums:

<https://lionsforum.org/future-forums/>

Having a challenge with MyLION/MyLCI? Spend some

time at this website <https://mylion.zendesk.com/hc/en-us>

Wondering about the future? Look here

<https://lionsmd19.org/calendar.php>

Wondering about everything? Some answers here

<https://lionsmd19.org/index.php>

Make a donation to LCIF Campaign 100 here

<https://lionsclubs.org/en/give-how-to-give/campaign-100>

Canadian Clubs donate here:

<https://lionsofcanadafundforlcif.ca/>



## HIGHLIGHTS FROM INSIDE

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## MD19 Council Chairperson

**Al Hedstrom**

### Welcome to the New Lions' Year

Welcome to the most unusual Lions' year you'll ever experience. Let's hope the pandemic part of this experience is short. The long-term effects, I fear, may be real.



I'm not going to bore you, dear reader, with information about social restrictions, closed borders, rescheduled service project, cancelled and redirected conventions, or pinning for unrequited Lion's meetings. No, let's not get ourselves into a depressed state. Instead, consider the new opportunities. We have the chance to serve our communities because we can abide by the new rules of etiquette. Because it's no longer rude to insist on keeping two arms' length from someone else. And we don't cause alarm when walking on a public street wearing a mask.

We don't need to work ourselves into a lather arranging for a big fundraising event when we can do it entirely online. We can now invite potential new Lions to participate with virtual meetings and events. Zone Chairs and District Governors can even make club visits from home!

In all seriousness, don't ever think that we're stuck at home, closed off from the world. Poke your head out and discover that the world – and Lions – continue on a slightly different path. Lions around North America are finding new ways to help their neighbors and organize our work. If you're not aware of these new ideas, look through the LCI website. Social media, including Facebook, has dedicated Lions' groups (Global Action Team, Global Lion's Forum, Lion's Virtual Universe, and more) that are rife with examples we've never tried. We're not locked down; we're working around it.

On another topic, I want to congratulate the Environmental Team with members from each of our districts. They're dedicated and enthusiastic and off to a great start. I expect we'll see impressive results.

And speaking of enthusiasm, our Multiple District membership team headed by Lion Eric Miura, the service team with First Vice District Governor Ken Ball, and the leadership team with PDG Wanda Carisse, are some very impressive Lions. Their job, at its essence, is to help the districts achieve their goals.

I'd like to introduce PDG Mark Mansell of District G as the new Multiple District North American Membership Initiative Champion. A lengthy title; so we'll go with the short-

Continued on page 11

## Juvenile Cancer Project

By Jane Beddows,  
District Governor 19-1



The Lions project that I have been most involved with is dealing with Juvenile Cancers. For the 14 years I worked as a 911 Operator/Dispatcher for Victoria Police, I was very aware of a project to raise funds for Juvenile Cancer research and to send children with cancer to Camp Goodtimes.

Emergency personnel would ride, on bicycles, the length of Vancouver Island, British Columbia, from Port Hardy to Victoria, stopping at many small communities along the way. They called it the "Tour de Rock/Cops 4 Cancer". This was a two week ride covering over 1000 km. All the communities that the Ride visited would have fundraised to help the cause. Many communities held dinners for the riders. The Tour usually visited as many schools along the Island as possible. The kids were always thrilled to see them.

In my community of Sooke, we had several RCMP officers ride and the Lions of Sooke fundraised to support this effort and our riders. We held Red Serge dinners (where everyone dressed up and the RCMP wore their red Jerseys), offered free hot dogs and french fries on the day the riders came to Sooke. We held a "Jailathon" that raised \$17,000 and involved the whole community in a fun event. We also hold a bottle drive that would make anywhere from \$3,000 to \$5,000. We hosed the RCMP musical ride (mounted police on horseback in their red serge, doing formations to music) and the Lions of Sooke were proud to present the riders with a cheque for \$30,000.

As the 20 riders arrive in Sooke to attend the chosen school, the school children and Lions line the road to cheer them in. It is a very moving sight.

Having gone thru two bouts of chemo and many other less than pleasant tests and procedures, it is upsetting to think of a child going through this. I am proud of our Lions and the efforts to raise funds for this cause. It is the only fundraising designated for Pediatric cancer research and it means the world to the kids that go to camp. We are seeing a major improvement in the numbers of children surviving cancer.

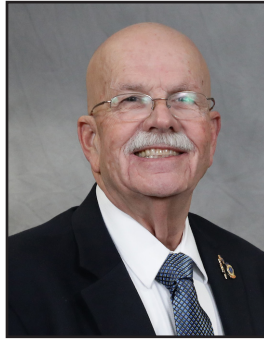
So very proud to be a Lion. "Kindness, Respect, Understanding"

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District Governor Jane Beddows was born in St. Andrews, Scotland and emigrated to Vancouver Island in 1951. Jane  
Continued on page 14

## NAMI Project

By Doug Harvey,  
District Governor 19-G



Last February, while I was attending district governor training in St. Charles, Illinois with the other first vice district governors from MD19 and around the world, we were exposed by LCI to the new North American Membership Initiative (NAMI) and asked to sign on. NAMI, a 4-phase commitment designed to strengthen clubs and to increase sagging membership in the USA and Canada had been tested and found to be successful if properly instituted.

Having recently served as GMT for two years, I had become familiar with the historical ramifications of the steady decline in this realm in both my district and beyond. So, it was instantly obvious to me that this discipline must be tried and therefore I immediately agreed to present it to our district cabinet as quickly as possible.

Upon my return I did so and was heartened with the response! I was fortunate to immediately learn that PDG Dr. Mark Mansell would accept the leadership role. Not waiting for the beginning of my tenure as district governor, Mark quickly laid out a plan as NAMI Champion and then spearheaded our future GAT team including Lion Stephanie O'Dell and Brian Wolfe, along with retention chairperson PCC Jim Terrell into immediate action! The months of April-June, idle time for many Lions due to the COVID19 virus, was a busy time for these dedicated members who coordinated and structured our NAMI plan (along with our zone chairs) most of which occurred through "Zoom" meetings online!

Now, as we approach the first District G cabinet meeting for 2020-2021, they are already poised and prepared to hit the ground running. Is that enthusiasm, loyalty and determination or what? How lucky am I as a new district governor to have such a motivated team of Lions roaring at the bit to get this year in motion!

Born in Longview Washington in 1946; raised in California, eventually completing four years of study for a BA in Criminal Justice at San Jose State University. He began his career in law enforcement in 1967, returning to Longview in 1970. In mid-1973, an opportunity to create an independent protection operation materialized in that city which turned out to be the beginning of a 46-year stint involved with the private sector.

Not abandoning his law enforcement profession, he continued to serve as an active commissioned officer well into the mid-1980's. In 2009, Doug joined the Longview

## NAMI Project continued

Pioneer Lions Club, serving in several club positions and as president in 2013-14, chairing the club's 90th anniversary. The next year he served simultaneously as IPP and associate zone chair, chairing the zone the following two years (2015 to 2017), receiving district excellence awards for both plus the LCI President's Appreciation Award.

Beginning in 2017, he served as district GMT for two years into 2019, receiving two district growth awards. In late 2018 Doug was elected to the position of 2VDG, again serving simultaneously in both positions, receiving LCI President Gudrun Yngvadottir's Leadership Award at the end of the 2019. Doug also recently received LCI recognition for successfully sponsoring 15 new Lions into his club.

Doug's partner in service, Dolly, joined the Pioneer Lions in 2012, achieving the club's Rookie of the Year award. Serving as club treasurer since 2015, she will also serve as District G treasurer this year as well.

They have five grown children (all professionally employed); 12 grandchildren and two great grandsons. Both are twice Melvin Jones Fellows and both have been honored separately as Lions of the Year in a club of over 170 members.

**DIABETES CANADA** | **Lace up for Diabetes!**

## Lace Up for Diabetes— Virtual 10K, *do it your way.*

Throughout September join thousands of Canadians to raise awareness and funds to #EndDiabetes. On your own or as a team you can walk, run, ride, dance or move your kilometres in 2 hrs, 2 days, 2 weeks.

**Join      Share      Change lives**

**Celebrate with us virtually  
on September 27th!**

**Join us today at  
[Laceup.diabetes.ca](https://laceup.diabetes.ca)**

**#EndDiabetes #LaceUp**



# Lioness News July/August 2020

By Linda Schaffrick, MDLL

Again, it is fairly quiet on the Lioness front.

Given the many challenges presented by the COVID-19 pandemic, a show of solidarity exhibited through volunteering is heartening. The Lioness have shown a desire to help and support others, be it family members, members of our community, or fellow humans across the globe. Helping others less fortunate than us is what we do. Sometimes it only takes a smile to brighten someone's day. We walk with the knowledge that we never walk alone. We are still biding our time to see what will happen and hopefully it will all end soon - we know that there will be a rainbow at the end of the tunnel!

## Kelowna D-7 20 Members

Helping at the Gospel Mission, Freedoms Door and Hospice House. Tidied up the gardens at Cotton Woods Care facility. Some of the members visited the Kangaroo farm and had a picnic lunch on the lawns at Camp Winfield. They are delaying until 2021 to become the Kelowna Sails Lions Club.

## Moses Lake D-5 16 Members (no report)

## Oliver D-9 7 Members Hours: 15 Donations: \$100

Made July 1 tray favors to brighten up trays for the hospital and Sr. Home. Helped at the July 1 drive through breakfast with Parks & Rec and the Fire Department - 680 breakfasts were served. Keeping in touch with members and seniors. Will remain as Lioness for 2020/1. Donation made to the Food Bank.

## Parksville I-7 16 Members Donations: \$14,000

Keeping in touch through emails and phone. Held an outdoor meeting to look after club finances. Some of the donations were made early so the charities can plan for the upcoming year. Donations made to the SOS Christmas program; Vancouver Island University foundation; four Fire departments; Salvation Army food bank, the soup kitchen and school lunch program.

## PORT McNeill I-6 16 Members Continuing to serve.

## Priest River E-11 35 Members (no report)

## Toledo G-4

Have not had an opportunity to meet to make plans, but will be disbanding as Lioness and will become their own non-profit club.

## Vancouver Chinatown A-1 28 members Hours: 23

Had virtual business/social meetings via Zoom. All are keeping well and members have been keeping in touch with each other in different ways while social distancing. Will remain as Lioness until June 2021.

## Victoria Chinatown I-2 21 Members Hours: 85 Donations: \$2,000

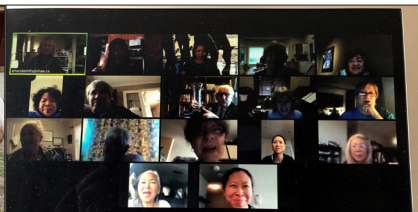
Continued with various community service projects, including preparing soap bars for Soap for Hope for distribution to the needy in our area; one member has been making fabric masks to meet the growing need of protective gear. Church food program; grocery shopping and cooking meals for different households. They are chartering to the Lions Club of Victoria Chinatown Lioness as of June 30, 2020! Charter night to be determined. Donation made to the Chinatown Museum Society.

## Williams Lake D-10 17 Members

The club is staying quiet for now. Some of the members attended a dinner with the Lions for their installation.

## Winlock G-4 (no report)

**The Lioness roar will be the collective expression of hope and love to everyone around us. "We Serve Too"!**



Pictured from left to right:  
Kelowna Lioness at the Kangaroo farm  
DG zoom meeting  
Soap bars  
Covid masks

## 2020-21 Peace Poster

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity. This year's theme is "Peace Through Service".

To sponsor the Peace Poster Contest, Lions clubs can order a contest kit from January 15 to October 1. The kit is available in 12 of our official languages. A kit is needed for each contest sponsored. Each kit contains:

- Official Club Contest Guide and Rules
- Official School or Youth Group Contest Guide and Rules
- Participant Flyer to duplicate and give to participating students to take home
- Sticker to place on back of winning poster
- Certificates for contest winner and school or youth group

Order Your Kit here <https://lionsclubsinternational.myshopify.com/collections/kits/products/ppk1>

\*To order a kit by phone, call Club Supplies Sales at (630) 571-5466 or 1-800-710-7822 (U.S., Puerto Rico, U.S. Virgin Islands and Canada only).



**Lions International  
Convention**  
June 25-29, 2021  
**Montreal, Canada**



MD19 Lions, come join in the fun in Montreal.....

- Attend an International Convention
- Learn new things about Lionism
- Meet new people from all over the world
- Make new friends that you will see at future conventions
- Experience the French culture of Quebec
- Contact PZC George Sim for more info...  
[georgesim@shaw.ca](mailto:georgesim@shaw.ca)

**Register now:**

<https://www.mcisemi.com/lci2021/>

"LIKE" our Facebook page:  
**MD19 visits Montreal**



## Adopt a Graduate

### What One Lion in Service Can Do

In May of 2020, Longview Pioneer Lion Past President Cindy Sessions developed a plan to honor local high school graduates by surprising them with a small gift. She requested fellow Lions to adopt one or more Seniors, purchase a gift from local small businesses along with a nice graduation card and then deliver to the student's homes. She suggested we remain anonymous, but some had chosen to sign the cards. Fellow Lion Past President Pat Palmer, owner of Copies Today printed up graduate greeting cards offering them to the gift givers at no charge. The only requirement was for them to stop by his store's drive-up window and request the number of cards needed.

Cindy asked everyone she knew if they could find names of graduates in the area. She reached out to local school administrators who were willing to provide names. As she collected those names, she arranged for a gift giver to "adopt a graduate". Students were from RA Long, Mark Morris, Kelso, Discovery, and Three Rivers Christian High Schools plus one student from Castle Rock High School. At this point, Cindy decided to take this offering one step further by inviting friends, business associates, customers, and a customer's friend to participate. She is grateful for the Longview Pioneer Lions Club members who have supported her endeavors by spending personal time and providing private donations for gifts to give to the graduates. Longview Morning Rotary provided gift cards, Longview Noon Rotary adopted seven students, and one Rotarian gave a generous donation. Donations have also come from Serv Pro, Shawn and Leah Green and Kay Green.

One hundred forty-five high school graduates were adopted to receive congratulatory gifts. Cindy adopted five graduates herself; she spent over 162 hours organizing, calling, purchasing, and delivering gifts. Cindy's service is an example of what one Lion can do by developing a plan that involved an entire community.

As a result, Lions Cindy was honored by her fellow Lions for her creative thinking and generous heart to gift deserving graduates in the community. The LV Pioneers presented Cindy with an award as "Lion of the Month" for the month of May.

Congratulations  
Cindy!



## AWARDS

### 2019-2020 Zone Chairperson

#### Recognition of Achievement Recipients

|     |                |
|-----|----------------|
| A-2 | Mike Jensen    |
| D-2 | Joyce Stevens  |
| G-1 | Cindy Fickett  |
| G-2 | Debbie Mansell |
| H-1 | Joel Haggen    |
| H-7 | Jack Peebles   |

### 2019-2020 Club President

#### Recognition of Achievement Recipients

|     |                              |               |
|-----|------------------------------|---------------|
| A-7 | Vancouver Diamond Lions Club | Clara Chow    |
| B-5 | Renton Lions Club            | Beth James    |
| E-1 | Spokane Shadle Lions Club    | Barb Yeoman   |
| H-2 | Sedro Woolley Lions Club     | Rose Torset   |
| H-5 | New Westminster Lions Club   | Fraser Mackay |

### 2019-2020 Club Membership Director

#### Recognition of Achievement Recipients

|     |                                 |                |
|-----|---------------------------------|----------------|
| A-1 | Vancouver Cathay Lions Club     | Peter Cheng    |
| A-1 | Vancouver Chinatown Lions Club  | Lawrence Tam   |
| A-7 | Vancouver Diamond Lions Club    | Konny Chan     |
| A-7 | Vancouver Fraser Lions Club     | Nik Li         |
| D-1 | Vernon Lions Club               | Sharon Hyricuk |
| E-1 | Spokane Shadle North Lions Club | Bob Yeoman     |

### 2019-2020 Club Secretary

#### Recognition of Achievement Recipients

|     |                                      |                       |
|-----|--------------------------------------|-----------------------|
| A-1 | Vancouver Cambie Lions Club          | Jocelyn Lee           |
| A-1 | Vancouver Chinatown Lions Club       | Syrus Lee             |
| A-1 | Vancouver East Lions Club            | Josephine Lee         |
| A-1 | Vancouver Legacy Lions Club          | Pollyanna Lui         |
| A-1 | Vancouver Pacific Lions Club         | Karen Shimokura       |
| A-1 | Vancouver Shaughnessy Lions Club     | Philly Lai            |
| A-2 | Lynn Valley Lions Club               | Christopher Litchford |
| A-2 | North Vancouver Deep Cove Lions Club | Jeannie Ham           |
| A-7 | Vancouver Diamond Lions Club         | Annie Fong            |
| B-1 | Snohomish Lions Club                 | Ed Poquette           |
| B-5 | Burien Lions Club                    | Enoch Rowland         |
| B-5 | Des Moines Lions Club                | Russ Carlsen          |
| B-5 | Renton Lions Club                    | Lyro Downie-Cyphers   |
| C-1 | Tacoma Southeast Lions Club          | John Doyle, Jr.       |
| C-3 | Federal Way Lions Club               | CT Purdom             |
| C-3 | Fife Lions Club                      | Peter Tanaka          |
| C-4 | Bremerton Central Lions Club         | Ida Malone            |

|      |                                      |                  |
|------|--------------------------------------|------------------|
| D-2  | Leavenworth Lions Club               | Jeanette Britton |
| D-2  | Wenatchee Central Lions Club         | Marcia Miller    |
| D-3  | Kamloops Paddlewheelers Lions Club   | Beth Gauthier    |
| D-7  | Kelowna Okanagan Mission Lions Club  | Bob Ayotte       |
| D-7  | Peachland Lions Club                 | Gary Stephens    |
| D-7  | Westbank Lions Club                  | Claire Davidson  |
| D-8  | Chase Lions Club                     | Karen Bassett    |
| D-9  | Oliver Lions Club                    | Linda Schaffrick |
| D-9  | Penticton Lions Club                 | Bob Elliott      |
| E-1  | Spokane Shadle North Lions Club      | Barbara Yeoman   |
| E-8  | Castlegar Selkirk Lions Club         | Joanne Baker     |
| E-8  | Nelson Lions Club                    | Arne Erickson    |
| E-8  | North Pend Oreille Valley Lions Club | Kathy Ibbetson   |
| E-10 | Fairmont & District Lions Club       | Lynda Devenish   |
| F-3  | Walla Walla Downtown Lions Club      | Allen Aplass     |
| G-1  | Longview Kelso Earlybird Lions Club  | Hope Ramsdale    |
| G-1  | Longview Pioneer Lions Club          | Phil Olson       |
| G-1  | Wahkiakum Lions Club                 | Carol McClain    |
| G-2  | La Center Lions Club                 | Judith Hickman   |
| G-2  | Salmon Creek Lions Club              | Gary Crimina     |
| G-2  | Vancouver Dawn Lions Club            | Brian Wolfe      |
| G-3  | Aberdeen Lions Club                  | Erv Granahan     |
| G-6  | Camas Lions Club                     | Jody Brown       |
| H-1  | Bellingham Harborview Lions Club     | Michele Barrie   |
| H-2  | Burlington Lions Club                | Matt Tonkovich   |
| H-2  | Sedro Woolley Lions Club             | Carol Torset     |
| H-3  | Abbotsford Lions Club                | Karen Veerkamp   |
| H-3  | Aldergrove Lions Club                | Tom Latter       |
| H-3  | Langley Lions Club                   | Mel Stokes       |
| H-5  | New Westminster Lions Club           | Marion Quinlan   |
| H-5  | Port Coquitlam Lions Club            | September Stokes |
| H-5  | Surrey Central Lions Club            | Corinne White    |
| H-6  | Chilliwack Lions Club                | Verlene Clegg    |
| H-6  | Chilliwack Mt. Cheam Lions Club      | Bob Jones        |
| H-7  | North Whidbey Lions Club             | Charles Seablom  |
| I-2  | Sooke Lions Club                     | Randy Welters    |
| I-2  | Sooke Harbourside Lions Club         | Diane Kent       |
| I-2  | West Shore Lions Club                | Gary Mitchell    |
| I-3  | Central Saanich Lions Club           | Joan Adam        |
| I-5  | Baynes Sound Lions Club              | Nancy Sim        |
| I-5  | Comox Valley Monarch Lions Club      | Gail Flynn       |
| I-5  | Qualicum Bay Lions Club              | Maureen Bezanson |
| I-5  | Royston Cumberland Lions Club        | Bob Miles        |
| I-5  | Willow Point Lions Club              | Lynn Blackburn   |
| I-7  | Alberni Valley Lions Club            | Grant Gibson     |
| I-7  | Nanaimo Lions Club                   | Claire Clark     |

## Words From Allan Hunt

By Allan Hunt, International Director

This is an opportunity for me to share some thoughts and information with you, hopefully in an informative manner.

I'm sure by now that we have all heard phrases such as, "We live in challenging times", "We live in unprecedented times", "We are all in this together" and so on. I'm reasonably sure that by now when you hear these phrases your mind likely glazes over and you wonder where that squirrel really went.

We have all sorts of interesting and different ways of doing things being developed, beyond doing virtual meetings. We have moved into a cashless society which presents challenges of its own. It's a significant change for some people. There are opportunities to do things differently, just look at the number of people who are working from home, quite successfully, when just a few months ago they absolutely had to commute in to work.

Unfortunately, we seem to suffer from something that has been referred to as Institutional Inertia; you can google that phrase. Essentially, we have a great reluctance to sudden change. Some people are amazingly comfortable waiting until such time as a proven plan to do whatever, is perfected. In a lot of cases if you are waiting for someone to present you with a proven plan, you may have a long wait. When a plan is perfected who knows if it will be shared with you. We need to become comfortable in taking risks when dealing with change.

We have our Code of Ethics, our Purposes, Our Vision and Mission Statement. Our Vision is to be the global leader in community and humanitarian service. You cannot be a Leader when you are waiting for some one else to show you the way to go. We also must realize that not everyone is comfortable being a Leader. When a Leader happens to surface, let us not get in their way. There is nothing wrong with forming a Team to work with a Leader. Our Motto is "We Serve" so whomever is in a Leadership role needs others to work with them to achieve the collective goals of the organization.

We have some interesting processes underway right now. The Global Action Team (GAT) is the home to the North American Membership Initiative (NAMI) as well as New Voices. I know that at the Multiple District (MD) level the NAMI team is rolling up their collective sleeves and starting to work the process. There is quite a bit that can be done at the MD level but in reality, everything happens at the club level, clubs need to be involved. If your club doesn't have quite as many members you would like, if you seem to be scrambling for Lions to fill club offices annually, maybe you should think about having a look at NAMI. There are a number of people who are willing to step up and help you with the process.

Our International Presidential Theme for this year is, "United in Kindness and Diversity". I know that we are not as diverse as we could be to reflect the communities we live in. This is something that we need to be conscious of and work on. The Kindness part though is something that we can do quite easily. I know that there are times when being kind can seem to be a challenge, those are the times that being kind has the greatest impact. Try being Kind when you suspect the person you are dealing with doesn't expect you to be kind.

I look forward to sharing information and ideas with you in the future.



## MD19 Lions Website

If you haven't checked out the MD19 website lately - do it today!

Visit <https://lionsmd19.org/> to see announcements like "WHO IS THAT MASKED MAN?" and other office updates.

You can also:

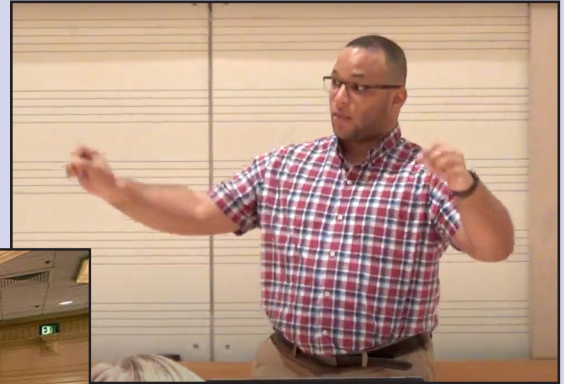
- Learn more about Districts and Clubs in MD19
- Check out the Calendar
- Visit the Toolbox for proposed changes to the Policy Manual or Council of Governors Meeting Minutes or get Clip Art for a district or club newsletter
- Share the Be A Lion page with potential members
- Click on Contact to get a hold of us

## 2020 Bandwagon

By Jerdil Castillo

My experience as a member of the Pennsylvania Lions band is and was a life-changing experience. Without this experience, I am not sure I would be where I am today.

The Lions band led me to decide to join the United States Army. I wanted to serve people in a way that was larger than myself. The main



theme in my story is selfless service, which equals service to others. The main goal for a Lions club is to support our communities in their hardships and needs. As a member of the PA Lions band, I had the chance to see what our Lions do in our community. Lions help with supporting scholarships for high school students, helping with many projects such as in fighting diabetes to help people with special needs, and much more. I believe that in the current world we live in we need to find ways to show our youth that yes, our country is worth fighting for; we need more people in the world that care about people and care about humanity, and it is our job to show them the values of having good morals and ethical values.



Music is one way we can help already well-rounded students see what is happening in their community and help them find a way to serve their community. Having a band is not just having a group that will play at the conventions. It means that we genuinely care about our youth's future, and this is another way we have chosen to impact their lives. The way the band helps people is by sharing their gift of music with others. Helping people comes in all different shapes and sizes. The way these students could help is by providing music to those who serve others through performances. Music helps bridge the divide in so many ways. Because of the Lions' band, I learned that I wanted to do something that was not about me but for the greater good. I wanted to help those who need help most and help people in a way that most of them would never know about.

My team and I have been working daily to develop a very solid plan that will help the Lions of MD19 impact the lives of our youth. We plan to debut the band at the International Convention in Montréal July 2021. We have done a budget, and we have come up with the least expensive trip possible and the small fee for student cost. I would love to have to opportunity to chat with every club in MD19 about why supporting the band is a great way to secure that our youth get involved and hopefully become future Lions, because these students will one day become the future Lions of MD19. I am also available to answer whatever questions you may have. We have also come up with a tentative plan to manage and international tours if COVID 19 is still around.

I look forward to hearing and meeting many of you. Please reach out if you would like more information. Together we can help our youth become the leaders of tomorrow.



## Border Crossing Ordering Options

The *Border Crossing* is automatically emailed by AWeber as a link to all club, zone, district and multiple district officers. Those wanting a hard copy of the newspaper, including the above listed officers, will need to purchase a subscription.

2020-2021 Lions Year:

**Border Crossing:** 6 issues in hard copy format. Subscription begins with the August issue. \$16.00 to U.S. Addresses; \$20.00 to Canadian Addresses.

**Roster and Border Crossing:**

2020-2021 MD19 Roster Only: Cost is \$6.00 U.S. Funds plus shipping and handling.

Add \$4.00 S/H for U.S. Addresses and \$5.00 for Canadian Addresses.

2020-2021 MD19 Roster plus Hard Copy of *Border Crossing*:

Mailed to U.S. Addresses: Border Crossing \$16.00 plus Roster \$10.00 = \$26.00 USD

Mailed to Canadian Addresses: Border Crossing \$20.00 plus Roster \$11.00 = \$31.00 USD

Send form below with your check or money order to cover all items ordered to MD19, 4141 West Maplewood Ave., Bellingham, WA 98226. No Credit Cards Please. All orders are pre-paid only. Questions: 360-733-4911 or [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

Print Name on Line Above \_\_\_\_\_

Phone Number / Email Address \_\_\_\_\_

Print Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_

Zip/Postal Code \_\_\_\_\_

**Border Crossing Link! IMPORTANT!** All club, Zone, District and Multiple District Officers and Email Border Crossing subscriptions will receive an email from Peter Anderson, via our AWeber email communications system sometime in late July with the Subject: "Confirm You Subscription". Within that same email is a link that you need to click on in order to give us permission to send you the Border Crossing link and other important MD19 information during the year. You **must confirm your "subscription" in order for us to communicate with you by following this procedure.** If you do not confirm that you will accept further communications via AWeber, your email will be automatically removed from the list and nothing further can be sent to you.



**Border Crossing / AWeber (Emailed Ads and Fundraising Events sent to MD19 Lions)**

Name of Company or Club: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Street Address / P.O. Box \_\_\_\_\_

City \_\_\_\_\_

State/Prov. \_\_\_\_\_

Zip/Postal code \_\_\_\_\_

Size of Ad: \_\_\_\_\_ #of issues: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

If paying by credit card, please complete the following: ( ) Visa ( ) Master Card

Card # \_\_\_\_\_ Expiry Date \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_ (payment will be in US Funds)

**Border Crossing / AWeber (Emailed Ads & Announcements sent to MD19 Lions)**

**2020-21 Rates cover inclusion in 1 issue of The Border Crossing and 1 AWeber Message.**

|               |          |            |
|---------------|----------|------------|
| Full Page     | \$160.00 | (8.5 x 11) |
| 1/2 Page      | 85.00    |            |
| 1/4 Page      | 50.00    |            |
| Business Card | 35.00    |            |

The *Border Crossing* is published August, October, December, February, April & June with a publication date of the 10th of the month. All ad information **MUST** be in the MD19 Office by the last day of the month previous to publication.

The AWeber announcement with the ad will be emailed out to all subscribers within 10 working days of the *Border Crossing* in which the ad is published.

**Submission Guidelines:** Camera ready artwork in either a .jpeg, .png or .tif file. When submitting written copy only, not camera ready, an additional \$25.00 will be charged for ad design. You will be asked to sign off on any ad created for you. Specify ad size and number of issues the ad will run.

## Vital Information

**Border Crossing Information:** The 2020-21 Border Crossing will be emailed by AWeber as a link to each Lions and Lioness Club President and Secretary, all Zone Chairpersons, all Vice District Governors, members of the Council of Governors, and the MD19 Committee Chairpersons. If anyone, including the above listed officers, wants to receive a hard copy rather than an emailed copy, they will need to purchase a subscription. A subscription form is found in this issue.

**CUT and PASTE:** This year we have a large number of missing club information. As we receive this info we are adding them to our first Cut and Paste. Be sure to look for it on our website.

**MD19 2020-21 First Half Dues Statements:** On July 17th through the 22nd the 1st Half MD19 Dues Statements were emailed or mailed as a hard copy if no email address was provided, to Club Treasurers or Secretary-Treasurers. **If your club has not received your dues statement, please call or email the MD19 Office. If you email please indicate to which club you belong.**

**Bulletin Editors:** When you send your club's bulletin to the MD19 Office via email using the email address [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org), you will receive a response from Forrest within 24 hours. If you do not receive a response, please call the office to determine if the bulletin has been received or not.

**Secretaries:** Information sent to the MD19 Office should be sent to this email address: [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

**Zone Chairpersons:** Please send your reports, bulletins and expense claim forms to: [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

**Immediate Past District Governors & Vice District Governors:** All Expense Claim Forms should be sent to [md19lions@lionsmd19.org](mailto:md19lions@lionsmd19.org)

**The 2020-21 MD19 Roster:** The roster will be sent out towards the end of August. It will be sent automatically to each Lions and Lioness Club President and Secretary, the MD19 Committee Chairpersons, members of the Council of Governors, all Vice District Governors, Zone Chairpersons and anyone who had purchased a roster. If you ordered a roster or your name appears on the list above, but you do not receive it by the end of the third week of September, please contact the MD19 Office.

**Lioness Clubs:** The Lioness Annual Administrative Assessment Statements will be sent out by the end of August.



Okanagan Falls practicing social distancing at their recent officer installation for the 2020-2021 year

## MD19 Council Chairperson - continued from page 2

cut "NAMI Champ." Mark's tasking is quite large. In order to turn our declining membership numbers into a positive upturn, he'll need to educate our entire MD on how to change the way we think of recruiting and retaining. He likes to use the phrase "change our mindset."

Many of you know I am an advocate for recognizing and embracing change. None of us could have predicted this would shove change into our collective faces and force us to transform the way we think and operate so quickly. Changing our mindset is now the norm and there's no going back.

As PDG Sharon Sikes likes to say, let's move forward and do great things.

## New from the 2020 Northwest Lions Leadership Institute - See You There!

By Melissa Smith, NWLLI Public Relations Chairperson

The Northwest Lions Leadership Institute originally scheduled for June 2020 and rescheduled to September 2020 has officially be rescheduled again ... this time to June 3-5, 2021.

COVID-19 has cancelled and postponed many events and activities in 2020 and the staff of the Institute is optimistic that 2021 will allow us to put on this informative leadership training. With that being said, we are still planning for the event in 2021 with proper precautions in place.

The 2021 Institute will still be held at beautiful Harrison Hot Springs in British Columbia, Canada, and will be three days packed full of leadership training to help you be the BEaST Lion you can for your Club and District.

We will be opening up the registration process again shortly. Those who have already registered to attend the 2020 Institute can have their registration carried over to the 2021 Institute, please contact the Registrar, Art Weatherly, for more information. For more information about registration and the Institute, please visit our website at [www.nwlli.org](http://www.nwlli.org).

A deposit of \$150, US funds is required with your application. The remaining balance of \$200, is due at the time of check-in at the Institute. However, Lions who are members of a Club in MD19 may qualify for a fee reduction that can be applied towards Institute registration fees. This fee reduction is provided by the MD19 Lions Leadership Foundation.

We continue to encourage District Governors and Zone Chairpersons to make the Institute an agenda item to discuss at Club, Zone, and Cabinet meetings. Registration at the Institute is limited to 60 students, so make sure to get the word out as soon as you can.

If you haven't attended the Institute in the past, we'd love to have you join us. If you are a graduate of the Institute, we'd love to have you encourage any other Lions you know to check us out.

**Come join us to help release your inner BEaST!**

"**Friends of the Garden**" donations are always welcome from individuals or Lions Clubs. The Garden at MD19 office can't exist without contributions. Encourage your Club to budget annual support (\$1.00 per member would be spectacular!)

For more information, contact the MD19 Office at 360-733- 4911

## Lights....Cameras....ZOOM...

By IPCC J.D. Nellor

We have all seen it now that ZOOM, GoToMeeting, Webex, Skype and their ilk have become a way of life: some of your teleconference-mates look green... or is that blue, some look like they were soaked in pinot noir minutes before logging on, and yet others—well, you think they are there, somewhere, lurking in the shadows. And that's during daylight!

It doesn't have to be that way. You can look good when you greet your friends, family, or fellow Lions on your very next teleconference. One of the easiest ways to make a whole lot of difference in how you look on a video stream is lighting. And here is the best part: It does not require a second mortgage to get lighting that works.

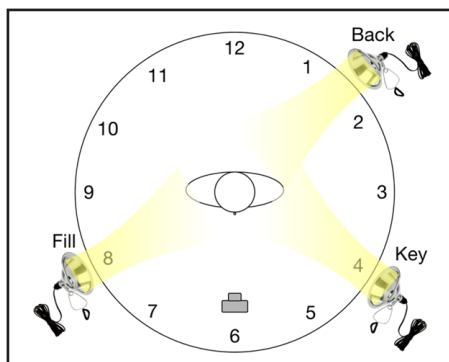
There are different lighting theories and different techniques for different purposes. In this article we will take a look at "three-point lighting", which is an industry standard for interview-type lighting, and a simple and inexpensive way to do it. Three-point lighting consists of (surprise!) three lights: A "key" light, a "fill" light, and a "back" (or "hair" light).

The key light is your main light. It provides the bulk of your light and is brighter than the fill or hair lights. A fill light (another surprise!) fills in the shadows that the key light creates. It is usually about ½ as bright as the key light. The hair or back light separates you from your background. No, you don't have to have hair to use a hair light, and no, using a grow bulb as the hair light will not grow hair. The hair light is usually about ½ as bright as the fill light.

So, where do you get these fancy lights? Grab a face mask and shuffle on down to your local hardware store. Pick up three clamp lights (about \$6.00 US each) and 3 LED light bulbs (about \$2.00 US each): one that is 21 to 25 watts, one that is 12 to 13 watts, and one that is 3 to 6 watts. Get LED bulbs because they run way cooler than tungsten bulbs, and you will probably never have to replace them. These are all standard size, household light bulbs. Just make sure they are all the same "color temperature". Different color lights cause great confusion to webcams. "Daylight" (or 5000 K), or "Cool" (4000 K) are your best bets. (K stands for "Kelvin" if you are curious). The color temperature will be marked on the carton.



When you get home, get out a sheet of paper and draw a nice, big clock face. Draw a circle in the



middle of the clock—that is you. Put an X at 4:00 and mark it "Key", and an X at 8:00 and mark it "Fill". Put another X at 6:00 and mark it "Camera". Mark an X between 1:00 and 2:00 for the back/hair light.

Set up your lights according to the diagram. The Key and Fill lights should be at or slightly higher than eye level (to avoid shadows where you don't want them). And bring them in pretty close—probably around a meter (3 to 4 feet) from you. As for the Back (or hair) light, place it slightly behind you, above head level, aiming down. If you can't do that, then place it behind you, aimed at your back but below the camera so the back light does not spill into the camera lens. Now for some testing, Turn on your lights, go to your computer, fire up ZOOM (or whatever you choose to use), and start a meeting with yourself—click the "New Meeting" button, click Yes to every dialog box. Go ahead. It works fine. Make sure your video is on and check out that smiling face!

Are there any funky shadows? If there are, move the lights around a little to get rid of them. Too bright? Move the lights back a little. Do you look too... sharp? Like the hot sun is beating down on you at high-noon? LED lights can be a little harsh. The way you fix that is to diffuse the Key and Fill lights, and you can do that by making your own diffusers—cut off a couple of pieces of parchment paper and clip one to the front of your Key and Fill lights with clothes pins or the like. Wax paper works, too, as does printer paper if it is transparent enough, or you can get fancy with some cotton or muslin. You can also use white poster board as reflectors, aiming the poster board at you and aiming the lights at the poster board. No matter what you use, it all requires some fiddling so be patient and fiddle away until it looks right to you.

Do you have to use a three point set-up. Of course not. two point set-ups (a key light and a fill light) are common. A single light is better than no light. And daylight coming in a window to your side or in front of you (not from behind!) and a lamp on the other side works, too. The 3 point set-up just looks a little more finished, more professional. Do you have to use clamp lights? Of course not. Just about any light is better than none. And you can certainly spring for more elegant solutions—box lights, umbrella lights, ring lights, LED panels—there are almost as many ways to spend money on lighting as there is for, say, golf clubs. Do a quick search on Amazon, B&H Photo, Adorama or other websites and you will find all kinds of lights and lighting kits for every budget. Do you have to use LED bulbs? No, you don't. CFLs will work, too. But stay away from those old-fashioned tungsten bulbs. They run hot enough to set that parchment-paper diffuser aflame. Are clamp lights the best you can do? No, they are not. They are fiddly and awkward compared to state of the art video or photo lighting. Professional lighting offer dimmers, color temperature changes, even diffusion on the fly—it can also get scary-expensive, and there is a reason for that. But a clamp-light set-up does a surprisingly good job for a very low price.

So there you have it. Now go forth into that brave new world of teleconferencing and get yourself lit—uh, something like that—and be the envy of your fellow ZOOMERS.

# Multiple District Nineteen Lions Clubs International

4141 West Maplewood Avenue, Bellingham, Washington U.S.A. 98226 • 360-733-4911 • [www.lionsmd19.org](http://www.lionsmd19.org)



August 2020

Dear Lions of MD19:

This month I would like to take a moment and share with all of you, the reminder that the Council of Governors voted to cancel the 2020 in person Convention that was to be held in Penticton, B.C. October 15-17, 2020. The Council felt that as conditions are expected to worsen and more uncertainty of the International border crossing remaining closed, that it was better to transition to a virtual event.

We will be using a commercially available software package from a company called HUBB, <http://hubb.me>, who will be joining us as a major corporate sponsor. As this Convo develops, details will be posted at [www.lionsmd19.org](http://www.lionsmd19.org). There will be a small registration fee, and we hope to have up to 50 Seminars, including Zone Chair, Secretary, President, Treasurer, and Membership Chair sessions that will be live (via ZOOM) October 17. There will be plenty of sessions that your registration code will be able to access for 30 days following the live ZOOM hosted event. One detail we can shout out now is that we are looking for seminars from our members.

These seminars need to be produced, recorded and shared. Subject matter is wide open, tie it to Lions if you want, or give us something different. Not all of those submitted will be made available, but yours just might. A session of 15 – 60 minutes would be ideal!

So please join me this October as we do things that we've always done, but we're going to be doing them just a little differently.

Sincerely,

A handwritten signature in black ink that reads "Peter Anderson".

Peter Anderson, Executive Director  
Multiple District 19

## A Different Dream continued from pg 1

man of my dreams and I thought....wait a minute...I want the wedding of my dreams as I marry the man of my dreams so we made a new dream. A dream that included the things that were important to us.

On August 1, 2020, I was married in a boat (a boat made by a Boat Builder from North Harbour who knew my husband since he was a baby – having the Harbour represented was important to us). The BC and Newfoundland Flags flanking us (having the two provinces represented was importance to us). We had our family and friends present (a few in person, many on YouTube and his immediate family on Zoom in Newfoundland) – so important to us. His Dad and Sister sang as I walked down the aisle – important to us. His parents danced during the parents' dance and his mom made a speech – important to us. The reception in the backyard included all COVID protocols and the menu was changed to Mary Brown's Chicken so each person could have an individual meal. Mary Brown's is a Canadian Company that originated in Newfoundland. So, many people were able to be "present" for our special day, more were able to attend than could have attended if we had our original plan – children from my centre, relatives and friends that could not travel. In many ways, our new dream was better!

So you may say – nice story but what does this have to do with Lions. Well, during COVID we as Lions need to make changes. We need to find new ways to meet, new ways to give service and new ways to raise funds. But we can't STOP – where there is a need there is a Lion. We know there are needs so now we need to create new dreams. List the things that are important and create that dream. Look to our MD19 Website for new ideas during COVID. The GAT Team will work to post ideas from Clubs in our District to inspire you to create a new dream.

Take care and be safe!

**"Friends of the Garden"** donations are always welcome from individuals or Lions Clubs. The Garden at MD19 office can't exist without contributions. Encourage your Club to budget annual support (\$1.00 per member would be spectacular!)

For more information, contact the MD19 office at 360-733-4911

## Locomotive 1147

By PDG Patti Sparks

In 2017 Wenatchee Central Lions Club adopted the Great Northern Locomotive 1147 and cleaned her up, painted her in the original colors and brought the lights back to life. Locomotive 1147 began her western assignment in 1916 working the Leavenworth and later Wenatchee areas and now is stationed permanently in Lions Locomotive Park on South Wenatchee Avenue.

Wenatchee Central Lions have decorated Locomotive 1147 with a large U.S. flag to demonstrate their love of America and to offer hope for all as we go through these unusual times.



## Juvenile Cancer Project continued (pg 2)

retired from the Victoria City Police after serving as a 911 Dispatcher. She has volunteered in the community both inside and outside the world of Lions, and is a Graduate of Northwest Lions Leadership Institute.

She is married to Past Council Chair Al Beddows. Al and Jane have a blended family and are proud of their six grandchildren. They love to travel to Mexico every year for R&R and spend time with family and friends. Any extra time she has, DG Jane can be found reading or going to the movie theatre.

## Your Article Could Be Here!

We want to hear from you!

What are your clubs doing right now? How are virtual meetings working for you? What are your future plans? How has the state of things changed what you're doing to do as a club as you move forward? What other news do you have to share with our MD19 Lions community?

If you have an article or article idea, please send to [bordercrossing@lionsmd19.org](mailto:bordercrossing@lionsmd19.org)

We can't promise every submission will be printed, but we would love to include more articles submitted from our Lions community.

### ☆☆☆ NEW ARRIVALS

#### Victoria Chinatown Lioness Lions, I-2

**President:** Lily Yee  
8147 Lochside Drive  
Victoria, B.C. V8M 1V1  
Email: 4lilyyee@gmail.com

**Secretary:** Donna May  
3923 ShorneCliff Road  
Victoria, B.C. V8P 3X8  
Email: donna.may@shaw.ca

**Sponsoring Club:** Lioness to Lions Club  
Charter Night: October, 2020

#### Vancouver Pioneer, A-1

**President:** Winnie Huang  
1891 W 63rd Avenue  
Vancouver, B.C. V6P 2H9  
Email: winnie.2005@hotmail.com

**Secretary:** Echo Wang  
8640 Deagle Road  
Richmond, B.C. V7A 2A1  
Email: gwbike@vip.163.com

**Sponsoring Club:** Vancouver Legacy Lions Club  
Charter Night: TBD

#### Vancouver Point Grey, A-7

**President:** Vivian Lo  
11983 Cottonwood Court  
Delta, B.C. V4E 3K5  
Email: knlo@dccnet.com

**Secretary:** Gloria Yu  
123 3333 Brown Road  
Richmond, B.C. V6X 0P6  
Email: glotiyu@hotmail.com

**Sponsoring Club:** Vancouver Broadway Lions Club, A-7  
Charter Night: TBD

#### Memorials for April 2020

|      |                 |                        |
|------|-----------------|------------------------|
| A 2  | Squamish        | Ernest Legerwood       |
| A 6  | Sunshine Coast  | David Kimpinsky        |
| B 5  | Renton          | Lyle Dull              |
| E 10 | Golden District | Wendy Pecora           |
| F 3  | Touchet Gardena | Patrick M. Ingham      |
| F 3  | Waitsburg       | Walt B. Gobel          |
| G 2  | Fort Vancouver  | William Kenneth Cooper |
| G 3  | Aberdeen        | David W. Wilhelms      |
| H 4  | Delta Scotsdale | Armando M. Verde       |
| H 5  | Guildford       | Omer Giasson           |

#### Memorials for May 2020

|     |                            |                    |
|-----|----------------------------|--------------------|
| A 6 | Gibsons                    | Gerald W. Covey    |
| B 1 | Snohomish                  | Joanne Kirkley     |
| B 1 | Snohomish                  | Duane Kuhlman      |
| B 6 | Stanwood                   | James R. Richeson  |
| C 6 | Lacey Lamplighters         | Harold T. Thornton |
| D 2 | Lake Chelan                | Marvin Pepple      |
| E 1 | Medical Lake               | Dennis Veltri      |
| E 1 | Spokane Central            | Gary C. Congdon    |
| E 1 | Spokane Central            | Chuck Monson       |
| E 5 | Rossland Golden City       | Douglas Halladay   |
| G 2 | Battleground               | Larry E. Elfving   |
| H 1 | Lynden                     | Ivan J. Buma       |
| H 5 | Barnet                     | Erissa Yong-Wilson |
| H 6 | Chilliwack Dogwood Monarch | Kenneth N. Clayton |
| I 1 | Forks                      | Stan Fouts         |

#### Percentages of WMMRs received for month of July 2020 and First Half Dues Paid for 2020-21

|      | WMMRs | DUES |
|------|-------|------|
| 19-A | 54%   | 80%  |
| 19-A | 68%   | 23%  |
| 19-B | 64%   | 52%  |
| 19-C | 77%   | 42%  |
| 19-D | 69%   | 27%  |
| 19-E | 96%   | 50%  |
| 19-F | 37%   | 36%  |
| 19-G | 72%   | 41%  |
| 19-H | 81%   | 40%  |
| 19-I | 96%   | 32%  |

#### Funding of MD19 Border Crossing:

The salary for The Border Crossing editor is partially funded by a grant from the MD19 Lions Service and Leadership Development Foundation. This is an example of your leadership dollars at work in the Multiple District.

# MD19 Calendar of Events 2019 - 2020

## 2020

Memorial Garden 2019-2020 dedication  
NW Lions Leadership Institute, Harrison Hot Springs, BC  
99th MD19 Annual Convention, Penticton, B.C.

*Virtual via Zoom*  
*Cancelled*  
*Virtual*

August 15  
September 24-26  
October 17

## Spring Conferences 2021

District 19-D Kelowna Ramada Hotel & Conf Centre, Kelowna B.C.  
District 19-H Four Points Sheraton, Bellingham, WA  
District 19-F Stay tuned for more details, Tri-Cities WA  
District 19-B Bothell Hilton Garden Inn  
District 19-C LaQuinta Inn & Suites, Tacoma, WA  
District 19-I Mary Winspear Centre, Sidney B.C.  
District 19-A Delta Hotels Burnaby Conf Centre, Burnaby B.C.  
District 19-E Red Lion Hotel Templins on the River, Post Falls ID  
District 19-G Red Lion, Kelso WA

March 5-6, 2021  
March 12-13, 2021  
March 19-20, 2021  
March 26-27, 2021  
April 9-10, 2021  
April 16-17, 2021  
April 23-24, 2021  
April 30-May 1, 2021  
May 7-8, 2021



Remember back in the day when lots of us wore those big "ASK ME ABOUT LIONS CLUB" pins like this one? They were great conversation starters and could be again. Your club can design its own and have it made very inexpensively. All your members can have one, and even your new A-Frame can wear one in its lapel whenever it goes stepping out.

**The Border Crossing**  
**MD19 Lions Office**  
**4141 W Maplewood Ave**  
**Bellingham, WA 98226 USA**

**The future depends on YOU!**  
**Ask someone to become a Lion!**